

## 2019 Wet Barre™ - Host Application

**Katina Brock, MEd.  
Creator of Wet Barre™  
Continuing Education Provider**

Thank you for your interest in hosting an open education weekend. Your pool and lecture room must be able to accommodate a minimum of 20 registrants.

Please fill in and initial where asked to complete the Host Application:

1. Read through questions first to determine if hosting is right for you.
2. Apply early! Prefer to schedule events a minimum of 3 months in advance.
3. Complete your application and email for consideration to [katina.brock@verizon.net](mailto:katina.brock@verizon.net)
4. You will be contacted by phone within 5 business days.
5. In order to host you must be willing to share a Wet Barre® event flier with other facilities locally.

**Please provide the following information:**

1. Indicate preferred event date:

First choice:

Second choice:

2. Provide the following **Facility Information:**

Facility Manager/Owner	
Facility Name	
Facility Street Address	
City / State / Zip +4	
Facility Phone	

3. Provide the following **On-site Contact Information:**

On-site Contact Name			
Day Phone		Evening Phone	
Email			

4. Does your facility have an on-site food options available for purchase during break/lunch? If yes, will it be open during event?

5. How many people can your pool accommodate in 3.0-4.5 feet of **shallow water**?

6. How many people can the lecture room seat **with tables and chairs**?

7. Does your facility have an LCD projector for lecture (REQUIRED)?

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8. Does your facility have a microphone?

9. Does your facility have an mp3 hook up for pool sessions? Please indicate.

10. What is the temperature of your pool or pools if using more than one?

11. What courses would you like to host?

Please Check	Courses Options Descriptions at <a href="http://wetbarreworkout.com">wetbarreworkout.com</a>	Course Length	Pool Time	Pool Temp	Equipment
	<b>WetBarre™</b>				
	Wet Barre:™ ABC	2 hours	1.0 hours	83-88	1 Noodle
	Wet Barre:™ AcroYoga	2 hours	1.0 hours	83-94	2 Noodles
	Wet Barre:™ Booty	2 hours	1.0 hours	83-94	2 Noodles
	Wet Barre:™ Bottoms Up	2 hours	1.0 hours	83-94	2 Noodles
	Wet Barre:™ Burn	2 hours	1.0 hours	83-94	2 Noodles
	Wet Barre:™ Cirque	2 hours	1.0 hours	83-94	2 Noodles
	Wet Barre:™ Control	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ Extend	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ Grace	2 hours	1.0 hours	83-88	n/a
	Wet Barre:™ Hot Toddy	2 hours	1.0 hours	87-94	1 Noodle
	Wet Barre:™ OM	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ Plank- A-Poolooza	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ Power	2 hours	1.0 hours	83-88	1 Noodle
	Wet Barre:™ Suspend	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ Top Shelf	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ With a Twist	2 hours	1.0 hours	83-94	1 Noodle
	Wet Barre:™ Masterclass	1 hour	1 hour	83-94	1 Noodle
	<b>Other Workshops</b>				
	Suspension Training - Train Smarter	2 hours	Land/ Lecture		Susp. Trnrs (TRX)

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	Suspension Training - Masterclass	1 hour	Land		Susp. Trnrs (TRX)
	Safe Core Training for Larger Participants	3	Land		Tubing, Yoga blocks
	Pool Closed. Now What?	1.5 hours	Land		Chair, Yoga blocks

12. What equipment is available at the facility for use during the event?

Equipment	How Many?
1. Noodles - thin	
2. Noodles - thick, or HydroFit (specify which)	
3. Other Aquatic equipment (specify)	

13. Review and initial the preferred number of workshops schedule based on your pool availability and course preferences.

Number of Courses	Pool Hrs per day	Lecture Hrs per day	Select Desired Options
<b>1 Day - 2 Workshops</b> <i>(available only in Los Angeles, Nashville, DFW)</i>	2	2	
<b>1 Day - 3 Workshops</b>	3	3	
<b>2 Days - 4 Workshops</b> <i>(Preferred)</i>	2	2	
<b>Master class</b>	:45min -1 hr	0	

14. Review and initial that you understand and agree to the pricing. All registrations to be paid via PayPal at [wetbarreworkout.com](http://wetbarreworkout.com).

Course	Host & AEA Early Bird Pricing	General Early Bird Pricing
<b>1 Workshop</b>	<b>\$45</b>	<b>\$55</b>
<b>2 Workshops</b>	<b>\$90</b>	<b>\$110</b>
<b>3 Workshops</b>	<b>\$130</b>	<b>\$160</b>
<b>4 Workshops</b>	<b>\$170</b>	<b>\$210</b>
<b>Masterclass</b>	<b>\$15</b>	<b>\$15</b>
<b>*After Early Bird - Prices Increase \$10</b>		

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15. Review and initial beside each item to acknowledge and agree.

Host Initial	For OPEN EVENT
	Min enrollment required = average of 15 per workshop
	Host receives 1 complementary registration to each workshop.
	Pool temp must be: 83-87°Fahrenheit for workshops; 88°-94° for warm water pool.
	Shallowest water must be 3.5 -4.0 feet. Facility must submit a photo or link to website with images of all pools in consideration.
	Lecture room must be quiet and undisrupted room with chairs and tables.
	Facility must provide an LCD projector or smart board, screen, and extension cord.

Once you have completed questions 1 through 15 email your application along with a photo or link to photo images of your pool and lecture facility to [katina.brock@verizon.net](mailto:katina.brock@verizon.net)

**Thank you for your interest.**

**Feel free to email any questions you might have.**

**We hope to plan a Wet Barre® Weekend with you soon!**

**Katina Brock, MEd**

**Wet Barre®**